

Leadership Without Self-Abandonment

Executive coaching, team workshops & leadership retreats for founders and executives who are ready to build the next level of success — without burning themselves out to get there.



Monique Renée

Monique Renée, MBA, CPC, is a Leadership Strategist and Executive Coach with 20+ years of experience helping leaders and teams build clarity, resilience, and sustainable high performance. She has partnered with organizations including Microsoft, Mastercard, Sonos, Marriott International, and the Goldman Sachs 10,000 Small Businesses Program — and serves as Leadership Facilitator for FIU's Center for Leadership.

“The most powerful leaders aren't doing more. They're operating from deeper alignment.”

— MONIQUE RENÉE

WORK WITH MONIQUE

■ Keynotes & Workshops

Research-backed, deeply human talks and interactive sessions for conferences, offsites, and leadership meetings.

■ 1:1 Executive Coaching

Private coaching for founders and executives navigating growth, transition, or burnout.

■ Leadership Day Retreats

A full day away from the noise to reset, realign, and re-strategize as a leadership team.

■ Team Alignment & Nervous System Coaching

Practical tools that help high-performers regulate stress and lead from clarity, not depletion.

ENTRUSTED BY LEADERS AT

BDO | MASTERCARD | MICROSOFT | SONOS | MARRIOTT INTERNATIONAL |
BERCOW RADELL FERNANDEZ LARKIN + TAPANES LAW

Let's bring this work to your team.

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